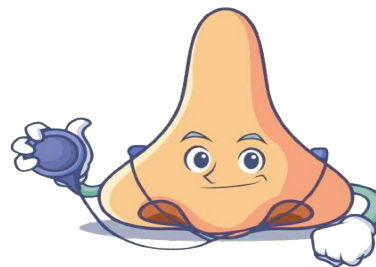




RHINOSCOPY

Rhinoscopy is a new technique for examining the nose and throat of a patient. Usual methods can only look into the front of the nose, but with the rhinoscope your allergist MD/PA can examine the entire nasal passage, including the eustachian tube openings, the adenoids, the throat, and the vocal cords.



What is a Rhinoscope?

This tool is a flexible, small plastic tube built with fiber optic material used for viewing about 1–2 inches inside the nasal cavity. It's essentially a small camera with a light at the end of it for viewing the nose. It can be attached to a television camera to provide a permanent record of the examination.

Why might I need the procedure?

You might need a Rhinoscopy if you are experiencing the following:

- Nasal blockage or congestion
- Nosebleeds
- Nasal and sinus infection or in other words, rhinosinusitis
- Nasal polyps or tumors
- Loss or reduced sense of smell

The procedure will help us better understand what is causing your symptoms and optimize and guide our treatment

What happens before I get the procedure?

Before the procedure, your nose will be cleaned out and cleared with a nasal spray. There will be 2 nasal sprays given. One will help decrease any inflammation and another will help numb the nasal passage. When the rhinoscope is inserted, you will feel that it's there but will not experience any pain.

How does the MD/PA perform a Rhinoscopy?

- The MD/PA performing the Rhinoscopy wears gloves and a mask to be able to use both hands safely and effectively.
- The MD/PA then inserts the rhinoscope into your nasal cavity for further examination.
- The MD/PA will ask you to do some breathing exercises such as deep breaths and talking.

Will I feel discomfort?

It's common to feel discomfort or pressure in the nasal passages but remember you will not be in pain due to the numbing nasal spray. Some also claim to feel no pain or discomfort while having the procedure.

How long does the procedure take?

The entire test takes about 5 to 10 minutes.

How will I be impacted by a Rhinoscopy?

- Rhinoscopy will give your MD/PA what they need to know to make a proper diagnosis to your nasal issue.
- The local anesthetic, numbing spray wears off within 20 to 30 minutes and you can return to your normal day after the appointment.
- You will be able to talk and breathe during the procedure.
- Let your MD/PA know if you need to sneeze during the procedure.

Will my eating, driving, work or sport be affected by Rhinoscopy?

No. You can return to your normal daily activities after leaving the appointment.

Are there any risks to a Rhinoscopy?

There is very little risk with a Rhinoscopy for most people. Be sure to let your provider know if you have a heart disease, bleeding disorder, or taking a blood-thinning medicine. If you think you are at risk, consult with your MD/PA about your concerns.

Can children be examined?

Almost nothing that happens in a doctor's office is popular with small children, and Rhinoscopy is no exception. We recommend this procedure for children 8 and above. Older children put up with the procedure better than so some adults. With small children, it's best to ask the child to sit on a parent's lap.

What if something's wrong?

Many nasal disorders respond well to medication. Should we find an abnormality that is not likely to respond to medication, or if we have questions about your exam, we may refer you to an ENT specialist

